

# Sunday Schedule

to Sunrise Centre Station

to Frederick Station

Depart >>> Arrive

Depart >>> Arrive

Frederick Station <b>A</b>	Mill Station <b>B</b>	Strasburg Transit Garage <b>C</b>	Ottawa / Westmount <b>D</b>	Sunrise Centre Station <b>E</b>	Sunrise Centre Station <b>E</b>	Ottawa / Westmount <b>D</b>	Strasburg Transit Garage <b>C</b>	Mill Station <b>B</b>	Frederick Station <b>A</b>
8:58	9:06	9:12	9:16	9:24	8:30	8:35	8:38	8:44	8:53
9:58	10:06	10:13	10:17	10:25	9:30	9:35	9:38	9:44	9:53
10:29	10:37	10:44	10:48	10:56	10:00	10:07	10:11	10:17	10:25
10:59	11:07	11:14	11:18	11:26	10:30	10:37	10:41	10:47	10:55
11:29	11:37	11:44	11:48	11:56	11:00	11:07	11:11	11:17	11:25
11:59	12:07	12:14	12:18	12:26	11:30	11:37	11:41	11:47	11:55
12:29	12:37	12:44	12:48	12:56	12:00	12:07	12:11	12:17	12:25
12:59	1:07	1:14	1:18	1:26	12:30	12:37	12:41	12:47	12:55
1:29	1:37	1:44	1:48	1:56	1:00	1:07	1:11	1:17	1:25
1:59	2:07	2:14	2:18	2:26	1:30	1:37	1:41	1:47	1:55
2:29	2:37	2:44	2:48	2:56	2:00	2:07	2:11	2:17	2:25
2:59	3:07	3:14	3:18	3:26	2:30	2:37	2:41	2:47	2:55
3:29	3:37	3:44	3:48	3:56	3:00	3:07	3:11	3:17	3:25
3:59	4:07	4:14	4:18	4:26	3:30	3:37	3:41	3:47	3:55
4:29	4:37	4:44	4:48	4:56	4:00	4:07	4:11	4:17	4:25
4:59	5:07	5:14	5:18	5:26	4:30	4:37	4:41	4:47	4:55
5:29	5:37	5:44	5:48	5:56	5:00	5:07	5:11	5:17	5:25
5:59	6:07	6:13	6:17	6:25	5:30	5:37	5:41	5:47	5:55
6:27	6:35	6:41	6:45	6:53	6:00	6:06	6:10	6:16	6:24
6:57	7:05	7:11	7:15	7:23	6:30	6:36	6:40	6:46	6:54
7:27	7:35	7:41	7:45	7:53	7:00	7:06	7:10	7:16	7:24
7:57	8:05	8:11	8:15	8:23	7:30	7:36	7:40	7:46	7:54
8:27	8:35	8:41	8:45	8:53	8:00	8:06	8:10	8:16	8:24
8:57	9:05	9:11	9:15	9:23	8:30	8:36	8:40	8:46	8:54
9:57	10:05	10:11	10:15	10:23	9:30	9:36	9:40	9:46	9:54
10:57	11:05	11:11	11:15	11:23	10:30	10:36	10:40	10:46	10:54

A.M.	0:00
P.M.	0:00

No stat holiday service

# Bus Stops

to Sunrise Centre Station

to Frederick Station

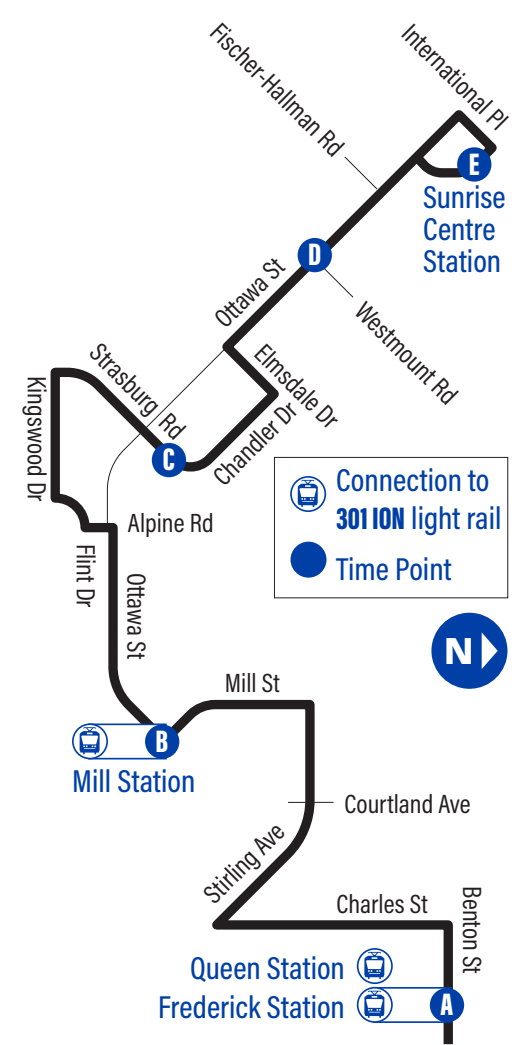
<b>A</b> Frederick Station 1088	<b>E</b> Sunrise Centre Station 1675
Queen Station 1385	International / Wake Robin 1676
Kitchener Market Station 2924	Ottawa / Fischer-Hallman 4096
Charles / Cameron	Ottawa / Williamsburg 1545
Heights Collegiate Institute 2925	<b>D</b> Ottawa / Westmount 4094
Charles / Stirling 1387	Ottawa / Howland 2901
Stirling / Kaufman Park 2927	Elmsdale / Ottawa 2902
Stirling / Courtland 2928	Elmsdale / Chandler 2903
Stirling / Mill 2929	Chandler / Bonfield 2904
Mill / Heiman 2930	<b>C</b> Strasburg / Transit Garage 2905
Mill / Borden 2931	Strasburg / Ottawa 2938
<b>B</b> Mill Station 2933	Kingswood / Lucerne 3021
Ottawa / Hoffman 2934	Flint / Kingswood 1134
Ottawa / Kehl 2935	Alpine / Ottawa 3053
Alpine / Ottawa 3052	Ottawa / Imperial 2908
Kingswood / Flint 1151	Ottawa / Hoffman 2910
Kingswood / Strasburg 3051	<b>B</b> Mill Station 2911
Ottawa / Strasburg 1192	Mill / Borden 2912
<b>C</b> Strasburg / Transit Garage 2863	Mill / Heiman 2913
Chandler / Bonfield 2864	Stirling / Mill 2914
Elmsdale / Chandler 2865	Stirling / Courtland 2915
Elmsdale / Ottawa 2866	Stirling / Kaufman Park 2916
Ottawa / Howland 2867	Charles / Stirling 1386
<b>D</b> Ottawa / Westmount 4299	Charles / Cameron
Ottawa / Howe 2870	Heights Collegiate Institute 2919
Ottawa / Fischer-Hallman 4095	Kitchener Market Station 2920
Ottawa / International 2704	Queen Station 2579
<b>E</b> Sunrise Centre Station 1675	<b>A</b> Frederick Station 1000

Continues as Route 4 to The Boardwalk Station

# Ottawa South

# 3

Effective: April 27, 2026





continues as Route 4 Glasgow-Margaret

519-585-7555 [grt.ca](http://grt.ca)  
Text: 57555 & key in your bus stop number

# Monday to Friday Schedule

## to Sunrise Centre Station

Depart >>> >>> Arrive

 Frederick Station <b>A</b>	 Mill Station <b>B</b>	Strasburg Transit Garage <b>C</b>	Ottawa / Westmount <b>D</b>	Sunrise Centre Station <b>E</b>
6:29	6:36	6:43	6:47	6:52
6:59	7:07	7:14	7:18	7:23
7:33	7:41	7:48	7:52	7:57
8:03	8:11	8:18	8:22	8:27
8:33	8:41	8:48	8:52	8:57
9:03	9:11	9:18	9:22	9:27
9:34	9:42	9:49	9:53	9:58
10:00	10:08	10:15	10:19	10:24
10:30	10:38	10:45	10:49	10:54
11:00	11:08	11:15	11:19	11:24
11:30	11:38	11:45	11:49	11:54
<b>12:00</b>	<b>12:08</b>	<b>12:15</b>	<b>12:19</b>	<b>12:24</b>
<b>12:30</b>	<b>12:38</b>	<b>12:45</b>	<b>12:49</b>	<b>12:54</b>
1:00	1:08	1:15	1:19	1:24
1:30	1:38	1:45	1:49	1:54
2:00	2:08	2:15	2:19	2:24
2:30	2:40	2:49	2:54	3:00
3:05	3:15	3:24	3:29	3:35
3:35	3:45	3:54	3:59	4:05
4:05	4:15	4:24	4:29	4:35
4:35	4:45	4:54	4:59	5:05
5:05	5:15	5:24	5:29	5:35
5:35	5:45	5:54	5:59	6:04
6:04	6:11	6:19	6:24	6:29
6:29	6:36	6:44	6:49	6:54
6:59	7:06	7:14	7:19	7:24
7:29	7:36	7:44	7:49	7:54
7:59	8:06	8:14	8:19	8:24
8:29	8:36	8:44	8:49	8:54
8:59	9:06	9:14	9:19	9:24
9:29	9:36	9:44	9:49	9:54
9:59	10:06	10:12	10:16	10:20
10:26	10:33	10:39	10:43	10:47
10:56	11:03	11:09	11:13	11:17
11:26	11:33	11:39	11:43	11:47
11:56	12:03	12:09	12:13	12:17

## to Frederick Station



Depart >>> >>> Arrive

Sunrise Centre Station <b>E</b>	Ottawa / Westmount <b>D</b>	Strasburg Transit Garage <b>C</b>	Mill Station <b>B</b>	Frederick Station <b>A</b>
			5:47	5:55
6:00	6:05	6:09	6:16	6:24
6:30	6:35	6:39	6:46	6:54
7:00	7:06	7:10	7:17	7:27
7:30	7:36	7:40	7:47	7:57
8:00	8:06	8:10	8:17	8:27
8:30	8:36	8:40	8:47	8:57
9:00	9:06	9:10	9:17	9:27
9:30	9:36	9:40	9:47	9:56
10:00	10:06	10:10	10:17	10:26
10:30	10:36	10:40	10:47	10:56
11:00	11:06	11:10	11:17	11:26
11:30	11:36	11:40	11:47	11:56
<b>12:00</b>	<b>12:06</b>	<b>12:10</b>	<b>12:17</b>	<b>12:26</b>
<b>12:30</b>	<b>12:36</b>	<b>12:40</b>	<b>12:47</b>	<b>12:56</b>
1:00	1:06	1:10	1:17	1:26
1:30	1:36	1:40	1:47	1:56
2:00	2:06	2:10	2:17	2:26
2:40	2:46	2:51	2:59	3:09
3:10	3:16	3:21	3:29	3:39
3:40	3:46	3:51	3:59	4:09
4:10	4:16	4:21	4:29	4:39
4:40	4:46	4:51	4:59	5:09
5:10	5:16	5:21	5:29	5:39
5:40	5:46	5:51	5:59	6:07
6:10	6:16	6:21	6:27	6:35
6:30	6:36	6:41	6:47	6:55
7:00	7:06	7:11	7:17	7:25
7:30	7:36	7:41	7:47	7:55
8:00	8:06	8:11	8:17	8:25
8:30	8:36	8:41	8:47	8:55
9:00	9:06	9:11	9:17	9:25
9:30	9:36	9:41	9:47	9:55
10:00	10:05	10:09	10:15	10:22
10:30	10:35	10:39	10:45	10:52
11:00	11:05	11:09	11:15	11:22
11:30	11:35	11:39	11:45	11:52

# Saturday Schedule

## to Sunrise Centre Station

Depart >>> Arrive

 Frederick Station <b>A</b>	 Mill Station <b>B</b>	Strasburg Transit Garage <b>C</b>	Ottawa / Westmount <b>D</b>	Sunrise Centre Station <b>E</b>
		6:12	6:16	6:23
		6:42	6:46	6:53
6:58	7:05	7:11	7:15	7:22
7:28	7:35	7:41	7:45	7:52
7:58	8:05	8:11	8:15	8:22
8:28	8:35	8:41	8:45	8:52
8:58	9:06	9:13	9:17	9:25
9:30	9:38	9:45	9:49	9:57
10:00	10:08	10:15	10:19	10:27
10:30	10:38	10:45	10:49	10:57
11:00	11:08	11:15	11:19	11:27
11:30	11:38	11:45	11:49	11:57
<b>12:00</b>	<b>12:08</b>	<b>12:15</b>	<b>12:19</b>	<b>12:27</b>
<b>12:30</b>	<b>12:38</b>	<b>12:45</b>	<b>12:49</b>	<b>12:57</b>
1:00	1:08	1:15	1:19	1:27
1:30	1:38	1:45	1:49	1:57
2:00	2:08	2:15	2:19	2:27
2:30	2:38	2:45	2:49	2:57
3:00	3:08	3:15	3:19	3:27
3:30	3:38	3:45	3:49	3:57
4:00	4:08	4:15	4:19	4:27
4:30	4:38	4:45	4:49	4:57
5:00	5:08	5:15	5:19	5:27
5:30	5:38	5:45	5:49	5:57
6:00	6:07	6:13	6:17	6:24
6:28	6:35	6:41	6:45	6:52
6:58	7:05	7:11	7:15	7:22
7:28	7:35	7:41	7:45	7:52
7:58	8:05	8:11	8:15	8:22
8:28	8:35	8:41	8:45	8:52
8:58	9:05	9:11	9:15	9:22
9:58	10:05	10:11	10:15	10:22
10:58	11:05	11:11	11:15	11:22

## to Frederick Station

Depart >>> Arrive

Sunrise Centre Station <b>E</b>	Ottawa / Westmount <b>D</b>	Strasburg Transit Garage <b>C</b>	Mill Station <b>B</b>	Frederick Station <b>A</b>
			6:15	6:23
6:30	6:36	6:39	6:45	6:53
7:00	7:06	7:09	7:15	7:23
7:30	7:36	7:39	7:45	7:53
8:00	8:06	8:09	8:15	8:23
8:30	8:36	8:39	8:45	8:53
9:00	9:07	9:11	9:17	9:25
9:30	9:37	9:41	9:47	9:55
10:00	10:07	10:11	10:17	10:25
10:30	10:37	10:41	10:47	10:55
11:00	11:07	11:11	11:17	11:25
11:30	11:37	11:41	11:47	11:55
<b>12:00</b>	<b>12:07</b>	<b>12:11</b>	<b>12:17</b>	<b>12:25</b>
<b>12:30</b>	<b>12:37</b>	<b>12:41</b>	<b>12:47</b>	<b>12:55</b>
1:00	1:07	1:11	1:17	1:25
1:30	1:37	1:41	1:47	1:55
2:00	2:07	2:11	2:17	2:25
2:30	2:37	2:41	2:47	2:55
3:00	3:07	3:11	3:17	3:25
3:30	3:37	3:41	3:47	3:55
4:00	4:07	4:11	4:17	4:25
4:30	4:37	4:41	4:47	4:55
5:00	5:07	5:11	5:17	5:25
5:30	5:37	5:41	5:47	5:55
6:00	6:06	6:10	6:16	6:24
6:30	6:36	6:40	6:46	6:54
7:00	7:06	7:10	7:16	7:24
7:30	7:36	7:40	7:46	7:54
8:00	8:06	8:10	8:16	8:24
8:30	8:36	8:40	8:46	8:54
9:30	9:36	9:40	9:46	9:54
10:30	10:36	10:40	10:46	10:54

0:00

These trips begin at Ottawa / Strasburg, 5:40 on weekdays and 6:09 on Saturdays

A.M.

0:00

P.M.

0:00

Fares and schedules are subject to change without notice. Weather and road conditions may cause schedule delays.



Connection to 301 ION Light Rail